

Alabama Mental Health Association Has New Staff



JOHN K. WILLIAMS

The program of the Alabama Association for Mental Health is continuing its forward progress with the appointment of a director of promotion, the state president, Paul Johnston, announced.

The new Alabama Association of Mental Health staff member is John K. Williams, who for the past nine years has been executive director of the Industrial Health Council, Birmingham.

For some time active as a volunteer in the mental health movement, Mr. Williams has recently completed a three-year term on the Board of Directors of the National Association for Mental Health. He is currently a member of the National Association for Mental Health Education Committee.

In his new post, Mr. Williams will direct fund raising and publicity activities of the state association and consult with the twenty-one existing local mental health association. He will also help to provide services for new associations to be organized.

"We are indeed fortunate to have a person so well equipped to serve the state association, from the standpoint of interest, training, and experience," said Mr. Johnston.

A native of Georgia, Mr. Williams received his B. A. degree from Mercer University, and did graduate work at Columbia University and the Universities of Indiana and Pennsylvania.

Before coming to the Industrial Health Council in 1947, Mr. Williams served for three years as a regional representative of the American Social Hygiene Association, covering the southern territory out of Dallas, Texas. Other experience includes two years as health educator with the Alabama Department of Health, and six years as state director of a health education project with the W.P.A.

Mr. Williams is the author of three books: Public Health in a Changing World, The Knack of Using your Sub-conscious Mind, and Your Mind and your Job, as well as numerous pamphlets and brochures.

CITY SCHOOLS SETS UP 1956-57 SCHEDULE

Institute for Teachers—All Teachers Report for Duty, Monday, Aug. 27, 1956.

In-Service and Faculty Meetings, Tuesday & Wednesday, Aug. 28-29, 1956.

Registration of Pupils, Thursday & Friday, August 30-31, 1956.

Labor Day—Holiday for Teachers, Monday, September 3, 1956.

Opening of Schools—Pupils Report for Classes, Tuesday, Sept. 4, 1956.

Thanksgiving Holidays, November 22-23, 1956.

Close Schools for Christmas Holidays, Tuesday, Dec. 18, 1956.

Schools Open After Christmas Holidays, Wednesday, January 2, 1957.

End of First Semester, Friday, Jan. 18, 1957.

Opening of Second Semester, Monday, Jan. 21, 1957.

Close of Schools for A.E.A., Friday, March 15, 1957.

Schools Opens After A.E.A., Monday, March 26, 1957.

School Term Ends, Wednesday, May 29, 1957.

Senior High School Re-allocation, Senior, Sunday, June 2, 1957.

Senior High School Graduation, Monday, June 3, 1957.

End of Teacher Contract Period for 1957-58, Wednesday, June 5, 1957.

EDITORIAL GRIST

NEGRO EDUCATOR UPHOLD SEGREGATION

A Mississippi negro educator, speaking at the 69th anniversary of the founding of Mound Bayou, an all-negro town, called for continued racial harmony through the maintenance of segregation.

Dr. J. H. White, president of the Mississippi Vocational College for Negroes at Itta Bena, castigated Harlan's Rep. Adam Clayton Powell, vociferous negro advocate of integration, for his anti-segregation amendment which resulted in defeat of the federal school construction aid bill.

White declared: "Negroes of the South should have the intelligence to size up the situation and not throw away (schools) by attempting to disrupt peaceful conditions, which have existed for so many years... just to eat, sit and ride beside a white person."

He lashed Powell and his anti-segregation amendment: "Can you imagine a negro congressman blocking such a needed measure just to make the headlines? Yet, you will find some negroes in Mississippi supporting him."

Dr. White recently wrote Powell accusing the negro congressman of "destroying the key for understanding, better human relations—education... Whether North, East, South or West," he wrote, "better education makes better communities, makes better neighbors. You are defeating your own purpose, because the negro will never be able to gain the things he wishes from other people unless he has an opportunity for education. Do 'Education is important and should not be confused with politics. Do you realize how far you are carrying this amendment to satisfy your political ends. Do you realize that you are blocking the opportunity of every child in the South—negro and white?'"

He told Powell that as a result of defeat of the bill with his anti-segregation amendment, "You will always get the credit for retarding more children than any man living."

USE YOUR BRAIN

Dr. Wilma Donahue, University of Michigan psychologist, says the modern generation of young people is not required to do enough thinking, Donahue is firmly convinced that the older generation, in its school days, was forced to do more thinking.

The brain deteriorates, just as do muscles, if not used. Dr. Donahue points out, and, therefore, it is essential for those who hope to remain alert mentally to practice proper exercise in thinking.

The question which arises next, for most of us, is how to keep our mental processes alert. It might be done by reading a thought-provoking book, if one is in a job which requires little thought, or in a professional rut, or hobbies, which require thought and the overcoming of difficult situations.

However, for many of us, these situations are not encountered. We are unfortunately in a non-thinking rut, perhaps in a job which requires little ingenuity.

We suggest to all those who find themselves in this position that they set as their goal the undertaking of one new task, or project, or diversification each month.

Dr. Donahue has encouraging advice for those who think their brain deteriorates around fifty or sixty. This is not necessarily true. The only thing that happens is that the brain might, perhaps, function a bit more slowly after the age of fifty, but it has been proved that elderly people do not necessarily learn more slowly and that they usually score higher in an intelligence test than younger contestants just out of colleges or universities.

THE EDITORIAL PAGE

More people read the editorial columns regularly than any other department of the newspaper—even including the comics. This is one of the facts brought out in a reader-survey made by the Daily News, of Tucson, Arizona. Eighty per cent of men readers said they were editorial page followers, along with 72 per cent of the women. That means the editorial page is a "must" with more than three-quarters of the total readership.

This is an age of great controversy, great problems, great questions. The opinion of the local editor is sought and respected by tens of millions of Americans.

Rich-quick schemes multiply faster than the supply of suckers.

There are some people who think a joke must be bad to be good.

Foreign nations, accepting assistance from the U. S., do us no great favors.

Most adults forget that boys and girls look at things with juvenile minds.

Neither of the democratic candidates suits us but we might be able to swallow Stevenson by gagging a little but Kefauver, never. So let us nowhere to go except fishing.

The gold bait tub is awarded to our very good friend Jep Greer, of the Sylacauga News, for his prediction that the recent democratic convention would go as Truman wished. As it turned out Truman is the most discredited man in the country, and Jep becomes a bad guesser, for which we are glad and believe Editor Greer is too.

THESE WOMEN!



"Careful, now, Junior... not too fast... watch out for pedestrians... keep you eyes on the sidewalk..."

TWENTY-FIVE YEARS AGO

As Recorded in the Files of The Colbert County Reporter

Kivans club sponsors a musical comedy show at the Dealbar high with master Murray Beasley featured by Miss Frances Shaw as "The Monkey in the Zoo," and with a chorus composed of Carolyn Gray, Fay and Vinola McWilliams, Alice Burns, Carol Miller, Polly McMahon, Kathleen Leawtherwood, Irene and Antonette Lowe, Rebecca Hamilton, Jane Landers, Jeanette Ferguson, Clay Frasier, Robert Howard, Frank Morrill, George Williams, Askew Huston, Billy McKelvey, Askew Battle; members of the cast being Robert Palmer, D. O. Matthews, Jr., Martha Mae Hales, Rufus Nichols, Helen Blackburn, Dorothy Lane Rutland, Edwin Shelley, Lucy Ridley, Rex Winton. A Methodist church scene of the wedding of Miss Pat Anderson and Crisler of Miss Pat Anderson, Rev. C. D. McNutt officiating. Wilmer Curry, former resident, and brother of John W. Curry, passes at his home in Memphis at the age of 59. Mrs. Irene Leggett hosted to the Matron's Bridge Club, when Mrs. Walter Miller was club prize winner and Mrs. E. B. Almon the guest witness. George Carter, Jr., recovering from an operation. Miss Octavia Farley home from a visit to friends in Grenada, Miss. Anson Yeager leaves for New York to reside. Mr. Harry Belser is visiting in Hot Springs, Ark. Mr. and Mrs. John Darby up from Birmingham visiting Congressmen and Mrs. Almon.

Miss Bessie Rather returns from Grenada, Miss. Miss Elizabeth Burt visiting Mrs. L. M. Dyke in Dallas. Mr. and Mrs. John Shannon Corinth, visiting Dr. and Mrs. W. M. Pierce. Mrs. Fite and daughter of Hamilton guests of Mr. and Mrs. E. J. Hennig and Mr. and Mrs. C. H. Harris and Mr. Harry Sevier visit in Russellville. Mr. and Mrs. D. I. Howard and family return from a two month visit in Pennsylvania. Mrs. John Beasley and daughter return to New Orleans after a visit to Mrs. J. T. Hany. Mrs. George Henry Selden of Memphis here to attend the Andersons-Ransom wedding. Harry Allen is a patient at Johns Hopkins, being accompanied by Dr. W. M. Pierce.

SEVEN FROM COLBERT GRADUATE FROM ALABAMA UNIVERSITY

The following young people of Colbert county are this year's graduates from the University of Alabama: Milton W. Pearson, MA, education; Mary C. Potter, MA, education. Sheffield: Virginia L. Adams, MA, education; Laura J. Wright, BA, education; Sandra J. Purtle, BA; Billy C. Bell BS in education; Frances T. Ward BS in education.

COLBERT REGISTRARS NEXT MEET AUGUST 29

On account of the Alabama amendments election, Tuesday, August 28, the Colbert County Board of Registrars will not be in session until Wednesday, August 29, it was announced by the Chairman.

Under Alabama law the registrars are not permitted to register new voters for the 10 days preceding an election. Persons interested in registering are invited to appear before the board Wednesday, August 29, between the hours of 8 a.m. and 4:30 p.m.

SAM J. ISRAEL AGAIN HEADS M. S. HOTEL CORP.

The annual stockholders meeting of the Muscle Shoals Hotel, Sheffield, was held last week with more than 60 per cent of the holders represented and voting.

Nine directors were elected: W. T. Archer, Hoyt Greer, H. A. Griffith, Jr., J. B. Hardy, Patrick B. Harris, Sam J. Israel, W. F. McDonnell, Charles Palmer, Jr., and Col. L. E. Wilkes.

Mr. Harris is the only new addition to the board, and he succeeds C. W. Nelson, who has been transferred by the State National Bank to Decatur.

Following the stockholders meeting the directors selected the following officers: President, Sam J. Israel; vice-president, Col. L. E. Wilkes; secretary, W. F. McDonnell; and treasurer, W. T. Archer.

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Mrs. Loren Cary Attends Meeting Of Ala. Scenic Assn

Natural Bridge. — Plans for capturing more of the tourist dollars that now zoom across Alabama to latten the purses of surrounding states were upper directors of the newly organized Scenic North Alabama Association met at Natural Bridge of Alabama.

Approved by the directors was a plan to proceed with the publication of a new tour map of the area. This map will place up the scenic interests and attractions of North Alabama to inform tourists and lure them into longer stops and more visits. For the first time in the history of Alabama a tourist visiting the area will be able to get accurate up-to-date information on the area at any place he stops, including hotels, service restaurants, tourist attractions, service stations and tourist information centers.

The directors also took a united stand in approving existing policies of the individual attractions in order to prohibit on the premises any beverages or juke boxes. This is a part of the plan to promote all sponsoring attractions in the association as first class attractions that can help sell the state to visitors.

The directors of Scenic North Alabama Association are making weekly tours of the north part of the state to gather first-hand information on what it has to offer the tourist, the potentials and the best ways of serving the interest of various communities and those who make their living by serving the people who travel by automobile. At the same time the directors are holding weekly meetings to perfect the association formed at a meeting in Cullman last week so that long range plans and a much broader organization can be set up.

W. M. Massey, executive pointed out of the new association, stated that: "The fastest moving bus in Alabama today is in the pocket of the tourist who zips through the state at 60 to 70 miles an hour. It is possible, and does happen, that a tourist can fill his gas tank in an adjoining state, use \$25 million worth of roads to cross Alabama and never leave a dime in the state. It isn't that the tourist has anything against Alabama, he just doesn't know anything about the state and how to find out. Chances are he is on his way to leave his money in an area that appeals to him less than Alabama would, if he only knew."

J. Gurley, president of Cathedral Caverns, Grant, Ala., was named chairman of the executive board to succeed Father Aloysius, director of Ave Maria Grotto, Cullman.

Others present at the meeting were W. L. Legg and Albert Day LEGG, of Natural Bridge of Alabama, C. E. Rickles of Rickwood Caverns, Warrior; J. L. Eberhart and J. H. Eberhart of Citadel Rocks, Fayette; Mrs. Loren Cary, Jr., Hotel Keller Birthplace Properties, Board, Tusculumbia, and W. M. Massey, Bismals Wonder Gardens, Phil Campbell, Ala.

MOVIE PROGRAM

TUSCUMBIAN — Tusculumbia Saturday, August 25

THE FIGHTING CHANGE — with Rod Cameron, Julie London Also Blazing Six Shooters — with Charles Starrett

Sunday, August 26

Magnificent Obsession — Starring Jack Wyman, Rock Hudson.

Monday — Tuesday, August 27 - 28

Fanboys — Starring Dean Martin, Jerry Lewis.

Wednesday, August 29

Billy The Kid — Starring Robert Taylor.

Thursday - Friday, August 30 - 31

Gabby — Starring Leslie Caron, John Kerr.

COLBERT — Sheffield

Saturday, August 25

I Cover The Underworld — with Sean McClory, Also Singin' In The Trail — with the Hoosier Hot Shots.

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